



For in hope
we were saved.
Now hope that is
seen is not hope.
For who hopes
for what is seen?
But if we hope
for what we
do not see,
we wait for it
with patience.

Contact Details

Vicar	Rev Allison Harding: The Vicarage, Newburn, NE15 8LQ, 0191 2290522, revallisonharding@gmail.com
Honorary Curate	Rev Margaret Ledger: 0191 2672953
Honorary Curate	Rev Malcolm Jones: 0191 2677829
Churchwardens St Michael's	Amanda Taylor: 0191 2677845 Linda Frazer: 0191 2644169
Churchwardens St Mary's	Elizabeth Hope: 0191 2645276 Janet Bell: 0191 2647641
Parish Safeguarding Officer	Roz Cant: 07834 553470, rozcant@yahoo.co.uk
Parish Treasurer	Celia Waugh: 0191 2643214
Magazine Editor	Helen Dawson: 07834 377927 helenrdawson@yahoo.co.uk
Magazine Advertising	Amanda Taylor: 0191 2677845
Bell Ringing St Michael's	Helen Dawson: 07834 377927
Pastoral Care Team	Sandra Hope: 0191 2645276
Parish Hall Booking	Amanda Taylor: 0191 2677845
Parish Events Group (PEGS)	Jennie Jones: 0191 2677829
Junior Church (St Mary's)	Jane Allan: 0191 2676293
Youth Group	Jennie Jones: 0191 2677829

PARISH WEBSITE: www.newburnparish.org



FACEBOOK: @NewburnParish

Contents

Contact Details	Page 2
Contents page	Page 3
Letter from the Clergy	Page 4-5
From the Registers	Page 6
Service information	Page 6
Community Choir poster	Page 7
Eco Church Focus	Page 8-9
Recent Parish Events (July)	Page 10-11
Prayers	Page 12-13
Bethany / Youth Group / Noah's Ark info	Page 14
Recent Parish Events (August)	Page 15-17
Spiritual Disciplines article	Page 18
Reflecting Faith article	Page 19
A Christian Scientist? article	Page 20
Poet's Corner	Page 21
Adverts	Page 21-23
Clergy & Magazine info	Back Cover



Letter from Rev Margaret:

Dear Readers

In June I attended a very enjoyable afternoon in Fenham listening to a small orchestra playing a variety of songs from musicals. We were encouraged to join in singing some of the songs, and for one particularly lively one we were handed tambourines and shakers to rattle and shake in time with the music. At the end of that song the lady next to me jokingly remarked that I was good enough with the tambourine to be able to be in the Salvation Army!



I told her that I already had been – as a young girl I was a Sunbeam and I had carried the Sunbeam banner in a procession around Millfield.

At the minute I'm trying my best to do some clearing out in my study room and I came across a large file of all-age service talks I had done in the days of overhead projectors. I looked through them and discovered a service I had taken which included talking about the Sunbeam organisation.

The Sunbeam Brigade was for girls aged 8 to 11, the Sunbeam motto was 'Do right' and, as the old chorus went, we were to 'shine for Jesus.' A friend in church said that her motto was 'Why be a cloud when you can be a sunbeam'.

We all have clouds in our lives – illness, worry about paying the bills, family problems, falling out with people, there are lots of different situations that can get us down and make us feel that we are not shining at all.

But there are two sides to clouds. When they are above us they can be very dark and gloomy. But when we are on a plane and flying high above the clouds, looking down on them they are white and fluffy, and up there will be sunshine.

To be a Sunbeam, girls were required to make a declaration and a pledge. They were:

I understand that, as a Sunbeam, I should:-

- a) Pray morning and evening
- b) Speak the truth
- c) Be kind to animals
- d) Never steal, swear, gamble, or touch intoxicating

drinks

I promise that I will try:-

To love God

To be obedient

To be loving and kind to all

To be true to the Sunbeam declaration

So perhaps the secret between being a cloud or being a sunbeam is to spend time with God, to pray, to love God and to love others and treat them with kindness.

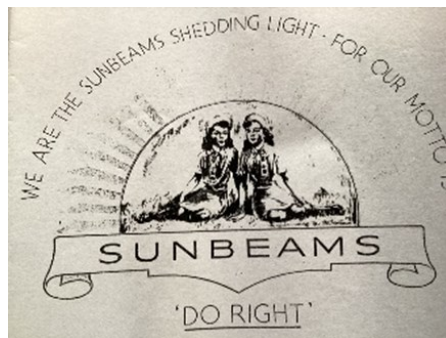
St Paul writes in 2 Corinthians chapter 3 verse 14 that when God is personally present ... there is nothing between us and God and our faces shine with the brightness of his face. And so....our lives gradually become brighter and more beautiful as God enters our lives and we become like him.

Some words from the Sunbeam song:

Jesus wants me for a Sunbeam, to shine for him each day
I will ask Jesus to help me, to keep my heart from sin;
ever reflecting his goodness, and always shine for him.
A sunbeam, a sunbeam, I'll be a sunbeam for him!

Yours

Margaret



From the Registers:

Baptisms:

13th August St Mary's—
Austin and Isabelle Mount



27th August St Michael's—
Clayton Patterson



Sunday Service Information

9.30am St Michael's

11am St Mary's

6pm (4th Sunday) St Mary's

Thursday 10am The Parish Hall

Morning Prayer Service

*The following information can be
applied every month:*

1st Sunday: Communion

2nd Sunday: All Age

3rd Sunday: Communion

4th Sunday: Morning Praise (am) & Contemporary
Worship (pm)

5th Sunday: JOINT SERVICE 10am



Come along
If you enjoy singing!

COMMUNITY CHOIR



ST MARY'S CHURCH
THROCKLEY

ORGANISED BY NEWBURN PARISH
ALL AGES AND ABILITIES WELCOME

10:00am to 11:00am

19th August

16th September

14th October

28th October

4th November

18th November

ECO CHURCH FOCUS

Spotlight on September:

Organic September – 1st to 30th September

[Organic September](#) is a month-long campaign, led by the Soil Association, to raise awareness of the many benefits of organic food and farming. This includes:

- Supporting biodiversity and wildlife.
- Helping to combat climate change.
- Contributing to higher standards of animal welfare.
- Reducing exposure to pesticides.

Here organic businesses come together to raise awareness of the benefits of organic and the efforts organic brands, farms and businesses make to support nature and wildlife and protect the planet.

Secondhand September – 1st to 30th September

[Secondhand September](#) is a campaign led by Oxfam to encourage people to buy only second-hand items for 30 days in the month of September. Oxfam says that “when a new pair of jeans is made, an estimated 16.2kg of CO₂ is emitted – the equivalent of driving over 58 miles in a car. So, by recirculating our clothes –

buying, wearing and donating second-hand – we can help to reduce the demand for new clothes. And this could in turn help to reduce the damage to our planet”. Share your second-hand finds on social media and join an incredible community of pre-loved devotees!

General Synod calls on Church and Government to move faster on climate emergency

The Church of England’s General Synod has recently called for renewed action from the Church and Government to tackle the impact and causes of climate change. A motion brought by the Diocese of Oxford called on all parts of the Church to review

policies and procedures in order to give due priority to creation care. It also asked the Government to review planning regulations to aid the installation of renewable technology on church buildings that are listed or in conservation areas.

It also commended the National Investment Bodies for their decisions to divest from fossil fuels, called for regular prayer, and encouraged the opportunity for confirmation candidates to make commitments to safeguard the integrity of creation.

Synod members also heard from National Advisors on Net Zero and Environmental Affairs, who said the recent approval of solar panels on the roof of King's College Cambridge could prompt acceptance of more renewable installations elsewhere. The motion asked for national services, such as the Parish Buying scheme, to build capacity to put cost-effective utilities and supplies within the reach of all parishes.

Additionally, it asks Bishops and the Liturgical Commission to encourage Confirmation services to consider including an additional question, inviting candidates to commit to striving to safeguard the integrity of God's creation, and sustain and renew the life of the earth.

Weather by app?

Do you watch the weather via an app? It seems millions of us do, as we try to outguess what the British weather is going to do next? There are thousands of weather apps out there, and it seems that you can find one that will predict almost anything you want. But if you want reliability, you could do worse than choose the Met Office app. The World Meteorological Organisation (WMO) has recently named the Met Office as the world's best public sector-provided app for usefulness, reliability and information quality. As its website says, "92.5 per cent of the Met Office's next day temperature forecasts are accurate within two degrees Celsius." As the UK's official weather service, it is also responsible for weather warnings, and sends them directly to users as push notifications. Or you might try The Weather Channel app. Some industry analysts say that the US-based Weather Channel is the world's most accurate forecaster. Using data from IBM, the Weather Channel offers a main app with hurricane, lightning and wildfire tracker capabilities on top of all the usual functions, as well as a separate Storm Radar app.

Recent Parish events (July):

Holy Island Trip 25th July 2023



Messy Church 29th July 2023



Prayers for September

Lord Jesus Christ, we bring before you our thanks and praise for you wonderful creation which is life in all it's forms. May we be more caring of all you have blessed us with.

Thank you Lord that there is no condemnation for those who stand in Jesus' name. Send your Holy Spirit that we would keep his Holy name stain free, that we would speak and do only what is good in your sight Lord.

We bring before you Lord all those in power throughout your world. May they rule with compassion, honour and integrity, making right decisions for your world and its' peoples.

Lord we bring before you those you have blessed us with. Our family, friends and neighbours. We pray for the community in

If you would like to join the Annual Magazine Prayer Rota, or ev

r by Linda Armstrong.

which we live, that understanding, caring and supporting ways would thrive and bloom in Jesus' name.

We bring before you Lord, our homeless, our hungry, our thirsty, our lonely and lost ones. May we do all in your power and ours to bring aid to their needs.

Lord we put into your hands our sick, our weak, and our doubting ones. We ask with humble hearts for healing be it for body, mind or spirit.

Lord for those who mourn may they draw down from your heart the love, comfort, courage, strength and hope you have for them. May they move forward with you, knowing you have them by the hand, and their loved ones are in your care.

Amen.

en just do a one off prayer, please get in touch with Helen Dawson.

Bethany - Welcome



BETHANY

We meet on the third Wednesday of the month in St Mary's, Throckley at 1pm.

We will be observing some restrictions owing to the continuing Covid situation. As previously we will have a time of worship, an activity or quiz and there will be a cuppa with light refreshments.

ALL ARE WELCOME - we look forward to seeing friends old and new.

There is no charge - voluntary donations to cover expenses can be given.

Please contact Margaret Ledger on 0191 2672953 for more info if required



NEWBURN YOUTH GROUP

Come and join us at the Parish Hall
Sunday 17 September
6pm to 7.30pm

Noah's Ark Playgroup

Wednesday 10-11.30am
(school term time only)

Newburn Parish Hall

£1.50 per family,
Refreshments provided



Recent Parish events (August):

Church Yard tidy 5th August 2023



We would like to thank everyone who came along to clear the shrubbery in St Michael's church yard & those who provided refreshments. Considering the poor weather we made great progress.



Eco Fair 12th August 2023





Spiritual Disciplines: Service

'Now that I, your Lord and Teacher, have washed your feet, you also should wash one another's feet. I have set you an example that you should do as I have done for you.' (John 13: 14-15).

We are all familiar with those requests for more to 'serve on a team' at church, whether the coffee rota or with the children. However, these can hinder our understanding of the spiritual discipline of service.

The discipline of service involves learning from Jesus' example, when He washed the disciples' feet. Like His disciples, we are all called to take the place of a servant and be willing to serve those around us. Richard Foster in *'Celebration of Discipline'* contrasts *'self-righteous service'*, human effort wanting to impress others and be rewarded, with *'true service'*, which is rooted in our relationship with Jesus and delights in the service itself.

In his book, Richard Foster highlights the value of small, everyday sacrificial acts of service which flow from the place of being a servant: *'service is not a list of things to do, though in it we discover things to do. It is not a code of ethics, but a way of living.'* He goes on to highlight a number of acts of service, including: hiddenness (working behind the scenes); small acts of service; guarding the reputation of others; being willing to be served ourselves; practising hospitality; listening and bearing the burdens of each other. We need to pray for wisdom and discernment, so that we know when to say 'yes' and 'no' to serving. If we say 'yes' too much we can easily find ourselves becoming bitter or burned out!

Why not make it your prayer each morning: *'Lord Jesus, if it would please You, bring me someone today who I can serve?'*

Canon Paul Hardingham

Reflecting faith – pews and chairs

Most of us think of pews as having been installed at the same time the church building was built, with occasional upgrades over time. But that's not the case.

Originally church floors consisted of little more than stone flags or beaten earth on which grasses or rushes were lain as a renewable winter covering for cleanliness and insulation. Each year, in late summer, the old and rotten rushes were cleared out and new ones taken to the churches in carts. There are still a number of English towns, in particular in the north of England, that celebrate 'Rushbearing' each year.

The people stood for all the services. However, it was recognised that the infirm and elderly needed support, and stone benches - often backless – were placed by the walls for them. It was not until the Protestant Reformation in the 1500s that wooden pews were introduced for everyone to be able to be seated.

Naturally, people being people, there were pews and then there were *pews!*

Society was organised in classes or hierarchies and the richer and more important folk had the best seats near the front so they could hear what the priest was saying and watch the service.

One's place to sit was arranged by your place in Society, so the poorer and least important were at the back.

Sermons alone could be lengthy; two hours was not unusual, and if you could pay for privacy to doze off and some form of personal heating for winters, then clearly that made sense.

This month

Have a look at the seating in a church near you. Are all the chairs or pews the same? Are some more elaborately decorated or larger? Is there a difference between the pews in the nave for the congregation and those for the choir and different again in the sanctuary? Does any of this reflect your faith?

Revd Dr Jo White

How can a Christian be a scientist?

I used to ask this question as a student. I wondered what it was like to have a career in science, and how being a Christian might make a difference. Eventually I met a good number of successful scientists who were sincere Christians, and I learned that science and faith are a great combination. Dr Francis Collins, former Director of the project to decode the whole of human DNA, wrote that it is “possible for the scientist-believer to be intellectually fulfilled and spiritually alive, both worshipping God and using the tools of science to uncover some of the awesome mysteries of His creation.” So, what do people like this make of the opportunities and challenges of a life in science?

Although our beliefs may affect what we notice about the world and how we interpret our data, they don't affect the outcome of the experiments themselves. If a Muslim and a Christian drop the same ball from the same height under identical conditions, it will fall at the same speed. This means that a scientist can be respected by her colleagues for doing good work, regardless of what she believes and what her colleagues think of her worldview.

Science is an exercise in observing and measuring things, and coming up with general principles about the way things are. The world has been declared by God to be ‘very good’ (see chapter one and two of Genesis), and exploring it is a way to express our gratitude to Him. Scientific discoveries can also bring a sense of awe and wonder that feeds into our worship.

Some people don't want to get involved in certain lines of research because of ethical concerns. On the other hand, there are many issues that make Christians want to get stuck into new research that will help care for people and the rest of creation, such as medical research, ecology or developing appropriate technologies.

Organisations such as Christians in Science and the Faraday Institute gather together scientists who are also people of faith, and others who are interested in the subject. They come from a wide range of backgrounds, and express their beliefs in a variety of different ways. What they have in common is the conviction that you don't have to choose between science and God. As the young people in our churches prepare to return to their studies, online if not in person, let's encourage them that science (along with many other fields) is a great way to serve God.

Ruth M Bancewicz

Poet's Corner

Invitation

I take some time to sit and ponder
What I can write for the magazine I wonder
My think tank has up and left me
With a feeling close to shock
I hope I haven't picked up the condition
Commonly known as writers block.

I'm inviting all and sundry
To jot down memories old and new
Once you get started, you'll discover
What the human brain can do.

The pen is mightier than the sword
There is some meaning in every word
Love and romance, crime or history
Each story can form
Its own special mystery.

Find a comfortable chair
In your own private den
Now where on earth did
You leave that pen?

Audrey Nelson
2023



You could advertise here...

Small: £17.50
Quarter page: £35
Half page: £70
Full page: £140
(all per annum)
Call Amanda Taylor
0191 2677845

We all live at Rosewood Villas no finer home could there be.
So why not come and join us, the care is given charitably.

Rosewood Villa

Residential Home

www.rosewoodvilla.co.uk

Proprietor: Mrs M Watson
106-108 Broomy Hill Road, Throckley
Newcastle upon Tyne. NE15 9LP Tel 0191 2672373
e-mail rosewoodvilla@hotmail.co.uk



M THOMPSON PETFOODS

2 Station Road, Newburn

For all your pet needs

Tel: 0191 2672021



Ian Taylor MInstChP

hpcp
registered

Taylor CHIROPODY



Newburn Old Town Hall Practice
Newburn Road NE15 8QR
0191~ 6070201 or 07445898879

John Bardgett & Sons Ltd.

Telephone 0191 273 9292

Day and Night funeral service. Private Rest Chapels
Pre-payment Schemes.
Established over 80 years



571 Westgate Road, Newcastle upon Tyne. NE4 9PQ

FASHION SENSE

LADIES FASHION & ACCESSORIES

*If you would like to find something a little different call in and
visit Gail & Tracy. - ALTERATIONS—DRY CLEANING*

9 Station Road, Newburn. 0191 264 5589.



THE GRANGE CENTRE

Newburn Road, Throckley, NE15 9AF
Phone: 0191 267 3728,
Website: www.thegrangecentre.co.uk
Email: john@thegrangecentre.co.uk

THE GRANGE DAY CENTRE

Are you looking for day care for your elderly relative?
We offer quality care & support tailored to your needs.

THE GRANGE CENTRE MEALS ON WHEELS SERVICE

We can deliver a freshly cooked hot meal & pudding to your door
Monday - Friday. Only £4.40 per day



The Grange Centre Outreach Service

Newburn Road, Throckley, Newcastle Upon Tyne, NE15 9AF
TEL:01912673728



We at The Grange now offer many services out in the community.

Could you or a family member benefit from any of the following:

Help with laundry, cleaning or shopping?



Support with Doctor/Hospital appointments?



Befriending services or help to join in with community activities?



Please contact John Hewitt or Lisa Langford for further details on :
01912673728



Rev Allison Harding (Vicar)
(currently on sabbatical September– December 2023.)

Please contact our church wardens to arrange Baptism, Confirmation or Marriage. If you know of people who are ill or are in hospital please let us know.

The deadline for any inclusions for the magazine is

Two Sundays before the last Sunday of the month

Please either email or hand to Helen Dawson.
helenrdawson@yahoo.co.uk

If you have any questions or opinions about the magazine content and style, or would like to write an article please get in touch.

All feedback welcome.

If you know of anyone who would like to receive a magazine (only £5.00 per annum) please get in touch and we will add their name to the distribution list.